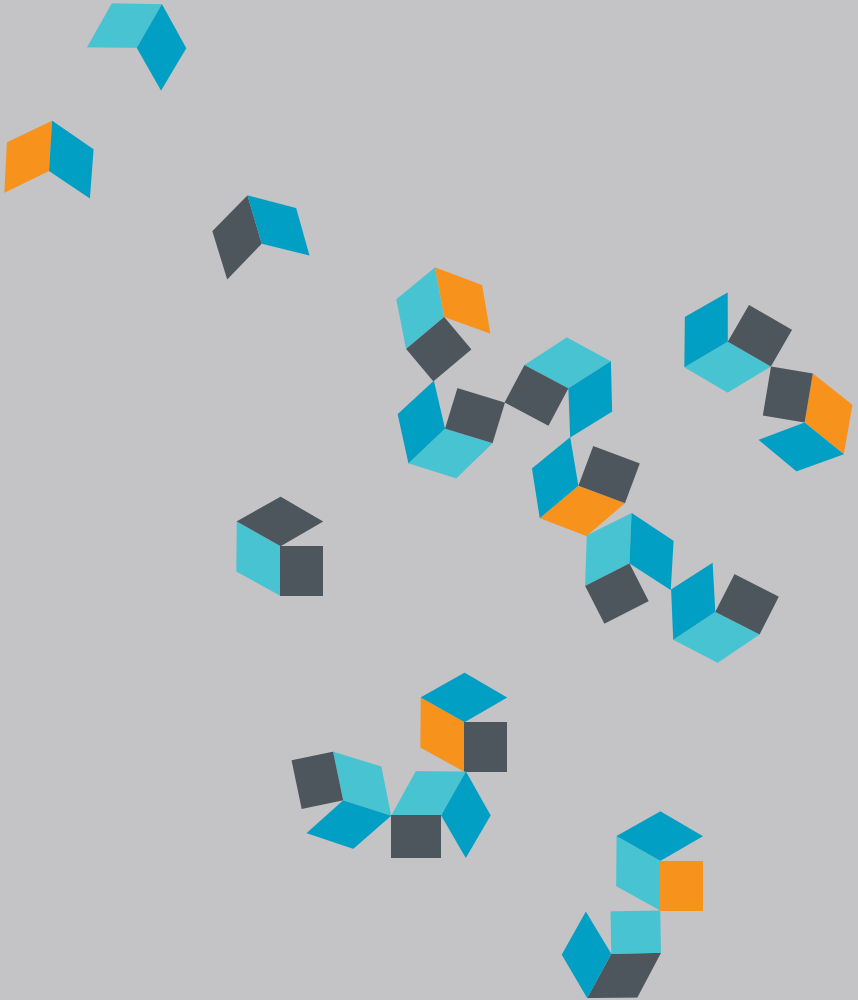


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Summer Institute 2011

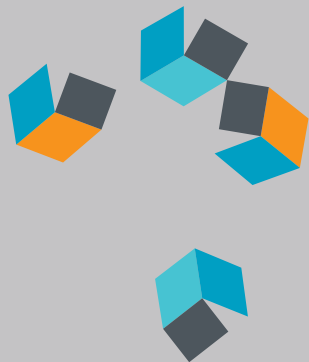
August 15 – 20



Welcome to TAPE's seventh annual Summer Institute for Human Services and Health Care professionals.

This year TAPE offers you the opportunity to complete a significant portion of five of our Certificates: Cognitive Behavioural Therapy, Solution-Focused Therapy, Mindfulness Meditation & Psychotherapy and Conflict Resolution during the week-long Summer Institute.

Be sure to take advantage of our Early Bird and Bundle pricing options before July 15th, 2011. Information regarding Certificates, Courses, Registration and TAPE's Policies is available on our website at **www.tapestudies.com**.



Cognitive Behavioural Therapy (CBT)

As in past years, we will once again be providing learners the opportunity to take the three core modules of CBT which will be completed in six days. The first module will be an introduction to the principles and methods of CBT. The other two modules will address the application of CBT techniques to Depression & Anxiety.

This year we are also offering one elective module with a focus on working with seniors. This workshop will consider the interrelationship between the realities of aging in general with the physical, mental, social and emotional conditions often experienced by older persons. It will take participants through a particular set of helping strategies for seniors, many of which are built from Cognitive Behaviour Therapy ideals. The workshop goes beyond CBT ideals to consider other strategies which may be useful while working with this population. It is recommended that participants who wish to take this module have a prior understanding of Cognitive Behaviour Therapy.

In order to complete a certificate of Professional Development, students must complete a total of six modules during the academic year. Please see our 2011-2012 academic calendar for details and dates of other CBT modules. The calendar will be online at www.tapestudies.com as of July 1, 2011.

COST:

Regular Price

Single module: \$336.28 + HST = \$380.00

Bundle: 10% discount if you register for three modules (six days of instruction) at the above-mentioned price. *This tuition is not refundable or transferable. The bundle cannot be combined with any other promotion.*

Early Bird Price

(please register before July 15, 2011)

Single module: \$305.31 + HST = \$345.00

Bundle: 5% discount if you register for three modules (six days of instruction) at the above-mentioned price. *This tuition is not refundable or transferable. The bundle cannot be combined with any other promotion.*

CBT-110: INTRODUCTION TO COGNITIVE BEHAVIOUR THERAPY

August 15 & 16, 2011

Instructor: Gina DiGiulio

CBT-111: DEPRESSION

August 17 & 18, 2011

Instructor: Gina DiGiulio

CBT-112: ANXIETY

August 19 & 20, 2011

Instructor: Eilenna Denisoff

CBT-340: COGNITIVE BEHAVIOUR THERAPY FOR DIFFICULT TO ENGAGE SENIORS

August 15 & 16, 2011

Instructor: Sandra Loucks Campbell

SCHEDULE:

Class Times: 9:00 AM – 3:30 PM

Location: TBA

Solution-Focused Therapy (SFT)

In this Summer Institute program participants can complete three modules in Solution-Focused Therapy. The first module introduces the basic skills used in SFT. The second one focuses on the applications of SFT in Education (administrators, principals.). The third module is related to using Solution Focused Therapy for chronic illness and loss.

In order to complete a certificate of Professional Development, students must complete three additional modules during the academic year. Please see our 2011-2012 academic calendar for details and dates of other SFT modules. The calendar will be online at www.tapestudies.com as of July 1, 2011.

COST:

Regular Price

Single module: \$287.61 + HST = \$325.00

Bundle: 10% discount if you register for all three modules (six days of instruction) at the above-mentioned price. *This tuition is not refundable or transferable. The bundle cannot be combined with any other promotion.*

Early Bird Price

(please register before July 15, 2011)

Single module: \$261.06 + HST = \$295.00

Bundle: 5% discount if you register for all three modules (six days of instruction) at the above-mentioned price. *This tuition is not refundable or transferable. The bundle cannot be combined with any other promotion.*

SFT-110: BASIC SKILLS

August 15 & 16, 2011

Instructor: Elaine Ash

SFT-140: SOLUTION-FOCUSED APPROACHES IN SCHOOL SETTINGS

August 17 & 18, 2011

Instructors: Lisa Kahnert & Francesca Maietta

SFT-112: CHRONIC ILLNESS, LOSS & GRIEF

August 19 & 20, 2011

Instructor: Brenda Zalter-Minden

SCHEDULE:

Class Times: 9:00 AM – 3:30 PM

Location: TBA

Conflict Resolution Certificate (CRC)

This year, we are happy to announce a Certificate Program in Conflict Resolution. This Certificate addresses core issues pertaining to conflict resolution and is further sub-divided into three distinct streams – Family Mediation, Elder Mediation and Transformative Community Justice.

In the Summer Institute we are offering two core modules from the Transformative Community Justice stream and an elective common to all streams. Details of the CRC Certificate can be obtained on our website at www.tapestudies.com as of July 1, 2011.

COST:

Regular Price

Single module: \$287.61 + HST = \$325.00

Bundle: 10% discount if you register for all three modules (six days of instruction) at the above-mentioned price. *This tuition is not refundable or transferable. The bundle cannot be combined with any other promotion.*

Early Bird Price

(please register before July 15, 2011)

Single module: \$261.06 + HST = \$295.00

Bundle: 5% discount if you register for all three modules (six days of instruction) at the above-mentioned price. *This tuition is not refundable or transferable. The bundle cannot be combined with any other promotion.*

CRC-TRP- 210: TRANSFORMATIVE COMMUNITY JUSTICE: WHAT IS IT? HOW DOES IT WORK?

August 15 & 16, 2011

Instructor: Linda Carozza

CRC-TRP-220: PEACEBUILDING CIRCLES

August 17 & 18, 2011

Instructor: Eva Marszewski

CRC-114: CONFLICT STYLES

August 19 & 20, 2011

Instructor: Linda Carozza

SCHEDULE:

Class Times: 9:00 AM – 3:30 PM

Location: TBA

Toronto Institute of Mindfulness, Meditation and Psychotherapy (MMP)

In the Mindfulness Meditation & Psychotherapy Certificate Program, students can take two core modules this summer. In order to complete a Certificate of Professional Development learners must complete four additional modules during the academic year. Please see our Academic Calendar for details and dates of other TAPE MMP modules. The Calendar will be online at www.tapestudies.com as of July 1, 2011.

COST:

Regular Price

Single module: \$287.61 + HST = \$325.00

Bundle: 10% discount if you register for both modules (four days of instruction) at the above-mentioned price. *This tuition is not refundable or transferable. The bundle cannot be combined with any other promotion.*

Early Bird Price

(please register before July 15, 2011)

Single module: \$261.06 + HST = \$295.00

Bundle: 5% discount if you register for both modules (four days of instruction) at the above-mentioned price. *This tuition is not refundable or transferable. The bundle cannot be combined with any other promotion.*

SCHEDULE:

Class Times: 9:00 AM – 3:30 PM

Location: Xiaolan Health Centre

88 Prince Arthur Avenue

Toronto, ON M5R 1B6

(enter via side door to the west of the building;
bring in-door shoes or socks)

MMP-110: MENTAL HEALTH AND BUDDHIST PSYCHOLOGY: INTEGRATING THEORY AND PRACTICE

August 15 & 16, 2011

Instructor: Tony Toneatto

MMP-113: DEVELOPING A MINDFULNESS MEDITATION PRACTICE

August 17 & 18, 2011

Instructor: Kate Kitchen

Adult Mental Health (AMH)

In the Adult Mental Health program we are offering two elective modules on Dialectical Behaviour Therapy and Affect Regulation.

Dialectical Behavior Therapy (DBT) is an intensive outpatient therapy originally designed for use with clients who have borderline personality disorder and which has since been adapted to suit other treatment needs. In this module we discuss the philosophical underpinnings of DBT, the DBT approach to clients, the components of DBT and various therapeutic skills.

The second elective we are offering this year is called 'Affect Regulation: Applications to Trauma and Addictions'. Traumatized or addicted clients often experience out-of-control, overwhelming emotions. Their capacity to reason and affect also becomes impaired. In this module we will address ways in which Affect Regulation can be harnessed to the benefit of the client.

In order to complete the Adult Mental Health certificate, participants need to complete six modules in all. Please see our Academic Calendar for details and dates of other AMH modules. The Calendar will be online at www.tapestudies.com as of July 1, 2011.

COST:

Regular Price

Single module: \$287.61 + HST = \$325.00

Bundle: 10% discount if you register for both modules (four days of instruction) at the above-mentioned price. *This tuition is not refundable or transferable. The bundle cannot be combined with any other promotion.*

Early Bird Price

(please register before July 15, 2011)

Single module: \$261.06 + HST = \$295.00

Bundle: 5% discount if you register for both modules (four days of instruction) at the above-mentioned price. *This tuition is not refundable or transferable. The bundle cannot be combined with any other promotion.*

AMH-225: FOUNDATIONS OF INTERPERSONAL THERAPY

August 15 & 16, 2011

Instructor: Niki Fitzgerald

AMH-226: AFFECT REGULATION

August 17 & 18, 2011

Instructor: Polly Florius

AMH-224: DIALECTICAL BEHAVIOUR THERAPY

August 19 & 20, 2011

Instructor: Deirdre Querney

SCHEDULE:

Class Times: 9:00 AM – 3:30 PM

Location: TBA